

# DECEMBER 2016



### ADMINISTRATOR'S MESSAGE

The first week of November was extremely busy with report cards, parent teacher interviews, our annual book fair and our Remembrance Day service. We enjoyed a week of rest and then returned to start planning for the upcoming Christmas events that our school will be involved in.

We had 78% of our families turn-out for our first parent/teacher interviews this year. This reflects a drop from previous years, so if you were unable to attend, remember that you are welcome to call or drop in to see your child's teachers. Clear communication between home and school is vital for student success. Our School Book Fair coincided with parent/teacher interviews. Again, it was a huge success as children were seen purchasing books with the \$5.00 coupon from our School Community Council. The money raised is used to purchase new books for the library.

On November 4, we hosted our annual Remembrance Day service. Thank you to Bob Thompson and the Legion members who attended to make the service so meaningful. Thanks to our students for their involvement in the service by laying wreaths, singing and reading poems.

Basketball is about to begin with Mr. Duval and Mr. Person looking after our senior girls and boys teams. We have a co-op team with students from Debden and are looking forward to the excitement that these teams will provide for our students. We are also very excited to see the number of junior students who have signed. We are able to put together a coed team that will play in the Gr. 7/8 league. This team is coached by Miss Thompson and Mrs. R. Olson.

As a school we are on our third year in the Dream Catcher project working on all Math strands. Teachers are using a variety of teaching strategies as well as re-teaching and re-assessing to help students achieve their goals. To help your child reinforce their Math, when you are driving have them count cars, skip count, count forwards and backwards. Count by 2's, 5's. 10; etc. Have them recite their multiplication tables, add and subtract, and divide. With the Christmas season arriving shortly, please consider books, math games, cards, puzzles and even IPad apps as a gift. Any of these choices will encourage learning in a fun and enjoyable atmosphere.

Elementary students will be attending the production of "Elf" on Tuesday, December 6. We appreciate the support of our School Community Council by paying for half of the tickets.

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Wednesday, December 14 will be our elementary Christmas concert. It will begin with coffee, hot chocolate, caroling and Christmas treats in the foyer at 6:00 p.m. At 6:45 p.m. Santa's helpers will lead us into the gym to enjoy the talents of our elementary students. We look forward to an evening with staff, students, parents and community members all coming together to celebrate the Christmas season.

On Friday, December 16 we will have our School Christmas banquet for students in Grade 6-12.

Sunday, December 18 the Community Churches Christmas Concert will be held in the school gym starting at 4:00 p.m. followed by a potluck lunch.

-Mrs. Sherry Moar & Mr. Richard Schwehr

### **INCLEMENT WEATHER-BUSING NEWS**

Now that we are feeling the winter weather, we would like to make sure all parents are aware of our Cold/Inclement Weather Procedures. These procedures are in effect for both rural and urban bus routes.

The Transportation Office has two methods of communicating delays or cancellations of our buses:

- CKBI and CJVR radio stations receive all notifications, these stations will announce a list of our buses that are delayed or not running.
- Notifications will be placed on our website, <u>www.srsd119.ca</u>. Scroll down on the home page to Transportation and you will find a bus icon. Click on the bus report to check for a list of bus cancellations.

We do not phone individual homes to report bus cancellations.

We ask that you do not call the Transportation Office as we will be very busy managing the routes and ensuring the safety of the children on the buses.



### Dressed for the season:

Students must dress appropriately for the weather. They must be dressed adequately for a 1 kilometre walk in case of an emergency. Our bus drivers have the authority to warn/educate a student on a first offense, and refuse transportation on the second.

Saskatchewan Rivers complete Board Policies, Administrative Procedures and Transportation Manual can be reviewed on our website <u>www.srsd119.ca</u>. -Thank You, Ryan Bruce, Manager of Transportation

## **SCHOOL SOCIAL WORKER**

Our School Social Worker is available at Canwood School on Tuesdays and every other Thursday. The School Social Worker is a resource for children and young people in building self-esteem, developing anger management skills, helping with problem solving and listening to any of the struggles they are dealing with - all in a confidential setting. The School Social Worker is part of the school team that works together for the benefit of all our students.

If you have any questions for your school counselor call the office and ask to speak to Miss Kaley Christianson.

### **ONGOING EVENTS**

<u>Grade 12 Garden Shed</u> - The Grade 12 Practical and Applied Arts class is once again in the process of constructing a garden shed. The Class of 2016 is using this as one of their fundraisers for their graduation and they are in the process of selling tickets, which are \$5 each or 3 for \$10. Tickets will be on sale at the Elementary Christmas concert on December 14 and the draw will be made that evening. Thanks for your support of this annual fundraiser.

-Mr. Grant Person

### **UPCOMING EVENTS**

<u>Adopt A Family Christmas Program</u> - Canwood Public School SRC will be participating in our own Adopt a Family Christmas Program again this year. The students will be preparing a Christmas hamper.

Suggested items include: Oranges, potatoes, carrots, cranberry juice or sauce, canned vegetables, pasta, stuffing mix, candy, chocolates, flour, sugar, cookies, dessert/baking items, bread or buns, tea/coffee/juice. Small novelties such as mitts, hats, books and coloring books will also be acceptable. Monetary dona-

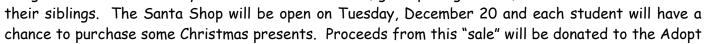


tions will be accepted & the school will purchase necessary items to complete each hamper. Cheques can be made payable to Canwood Public School. The SRC will be supplying a turkey.

A box has been placed in each of the class rooms for donations. Non-perishable items can be sent as soon as possible. If each child donates one item we will have more than enough. Thank you for your generosity and for sharing in the spirit of Christmas.

PLEASE HELP US THIS CHRISTMAS - SEND YOUR FOOD ITEM OR DONATION BY FRIDAY, DECEMBER 16. WE WILL DELIVER THE HAMPER TO THE FAMILY ON DECEMBER 20.

<u>Santa Shop</u> - A Santa Shop for our elementary students in grades K - 6 will be held at Canwood Public School on Tuesday, December 20. We would like to ask each of the students in these grades to donate gently used items such as jewelry, mugs, ornaments, books, toys or other small items to the program. These items will be set up and displayed for the students to purchase for Christmas presents for their families at the low, low cost of .25¢ each. Imagine the treasures they will find for mom & dad, grandpa & grandma, or





A Family Christmas program. If anyone would like to donate sale items, ribbons, bows, small gift boxes or gift wrap, or is able to help set up the shop (afternoon of Tuesday, December 19) or take down, or wrap gifts, we welcome your assistance. Please call Mrs. Hinson or Mrs. Moar at 306-468-2150. We are often short on items for men - suggestions are tape measures, gloves, ties, socks, coffee mugs or travel mugs. Students please bring your items as soon as possible. Community members can drop off donated items at the front office.



<u>Christmas Concert</u> - Join us on Wednesday, December 14 when Canwood Public School celebrates Christmas with an evening of music, visiting, and a concert performed by elementary students. An Open House will be held between 6:00 and 6:45 p.m. with a Christmas sing-along in the foyer. Come and sing, visit, and enjoy coffee/tea/juice and dainties.





At 6:45 p.m. students will gather in their classrooms to get ready for the concert. At 7:00 p.m. our concert will begin in the gym. Lots of humor and songs are sure to put you in the Christmas mood! The evening will conclude with a draw for the Grade 12 Shed Raffle. Transportation for

seniors will be provided in town. Please call the school at 306-468-2150 if you would like to arrange for a ride that night. See you at the concert!

<u>Christmas Banquet and Dance</u> - For Grades 6-12 on Friday, December 16 at 6:00 p.m.. Dance to follow, beginning at 8:00 p.m.. Admission for the dance is \$5.00.

<u>Home Economics</u> - If anyone has any old blue jeans of any shade that they would like to donate to the school, it would be very much appreciated as students will be making a recycle sewing project in Home Economics. We would also appreciate any used plastic food containers of any size; sour cream, cottage cheese, margarine, etc..

-Mrs. Gwen Olson

<u>Ski Trip</u> - This year the Kindergarten to Grade 12 classes will be going to Timber Ridge in Big River for their ski and snowboard trip in early March. Registration forms, along with further details will be made available closer to the date.

-Mr. Grant Person

### **LIBRARY NEWS**

Our first Scholastic Book Fair this school year, "Bookaneer Book Fair-Where Books are the Treasure", was a great success and topped expectations once again with the huge support from our parents, staff, community members and students. We managed to take in over \$2,000 in sales, \$1000 of these sales are returned to our library. As with past fall book fairs we had a second company in attendance, Reader's World, with many great Christmas gift ideas. Through credits earned from the Reader's World sales, eight items were added to our library collection.



With the correct guess of 33 gold coins Erin Bartley was the lucky winner of the guessing game. Erin won the chocolate coins and chose a book. Mrs. Raquel Olson and Josie Hoeflicher were the lucky winners of the draw for \$25 worth of free books. Congratulations to all of you!

Thank you to the following people for their help with the book fair: Mrs. Lila Olson for helping to work the book fair and Kelcie Grimard for helping with the decorations. A special thank you to Mrs. Lorraine Benson who supplied many of the treasures used for decorating and for helping at the fair. Thanks to the many other students who also helped with painting, I could not have done it without everyone's help.

A special "thank you" to our School Community Council for giving the elementary students \$5 coupons to spend at the book fair.

-Mrs. Tracy Pease

### **SCHOOL SPORTS**

<u>Senior Girls Volleyball</u> - The girls had an awesome season and played very well in the many games and tournaments that we attended. They played games every Tuesday with Debden, Shellbrook and Big River and went to tournaments in Blaine Lake, Leask, and Prince Albert (Carlton). At our home tournament we came in second to an excellent team from Prince Albert. Conference was held in Edam on Saturday, November 5, where the girls represented our school well and displayed wonderful



sportsmanship. Thanks to the parents for driving and for their support. Thanks to the girls for their dedication, enthusiasm and willingness to learn. The students on the team were Paige Anderson, Delayne Aiken, December Whitefish, Amy Wreford, Saxon Rowland, Paige Masuskapoe, Cassidy Anderson, and Casey Kvinlaug.

-Coaches: Mrs. Kori Sansom, Mrs. Odile Aiken and Mrs. Lisa Howat

### **EXTRAS**

Thank You - To the Royal Purple for their donation of bread for our breakfast program.

<u>Vearbooks</u> - The 2015-2016 yearbooks have arrived! Those yearbooks that were pre-ordered have been sent home. To purchase a yearbook stop by the school office or talk to Mrs. Sansom. Pre-order your copy of the 2016-2017 yearbook online at <a href="https://ybstore.friesens.com/stores/305076">https://ybstore.friesens.com/stores/305076</a> or by filling out an order form at the school. All yearbooks are \$35 each.

-Mrs. Kori Sansom

<u>Internet Safety</u> - Our children and youth are very computer literate - often more so than their parents. It is always a good idea to review internet safety guidelines - especially during the winter when children may have more computer time. The best place to locate the computer is in a **well supervised area**. Nothing beats supervision and attention to what children and youth do online. While youth friendly sites are a good idea they are **no guarantee** because anyone can access these sites. As parents it is always a good practice to reward children for being **open and honest** about situations in which they feel uncomfortable. Children and youth should **never** give out **personal information** or agree to meet someone without the parent's knowledge and consent. A screen name should never give out personal information such as name, age, year of graduation, year of birth, location or school. It is always a good idea for parents to receive additional computer training.

<u>Breakfast for Learning</u> - Our school's nutrition program is proudly funded by Breakfast for Learning. Thanks to their support, we are able to offer our students a healthy meal or snack during the school day.



Breakfast for Learning is a national charity that is committed to helping children across Canada realize their full potential in life by ensuring that all children attend school well nourished and ready to learn, giving them the best chance of success in life.



As Canada's first charity focused on child nutrition, Breakfast for Learning has been helping support school based nutrition programs in every province and territory for almost 23 years.

Since 1992, Breakfast for Learning has helped 3.6 million children enjoy over 554 million healthy meals and snacks. For more information, please visit breakfastforlearning.ca.



CANWOOD PUBLIC SCHOOL NEWSLETTER

850-1st Street East Box 370 Canwood, SK SOJ OKO

Phone: 306-468-2150 Fax: 306-468-2999 E-mail: vhinson@srsd119.ca

We're on the Web!

https://cw.srsd119.ca/

### **COMMUNITY EVENTS**

<u>History Books</u> - Limited numbers of The Canwood and Districts Now and Then Volume II History Book are now available for purchase for \$60 per book at the following locations: RM of Canwood Office, Parkside General Store and Shellbrook Flower Shop.

For more information email <u>canwoodhistorybook@gmail.com</u> or contact: Barb Benson 306-468-2797, Donna Wyatt 306-468-2830 or Shelley Andersen 306-468-2051.

The book would make a wonderful Christmas present for those who have not received one yet!

<u>Donor's Choice</u> - Thank you to everyone who so generously contributed to our 22 charities, we surpassed last year's total. Also, thank you to all of our canvassers, without you this program could not run. Thanks again, from the Donor's Choice Executive.



Bingo - Santa Claus Bingo Tuesday, November 29 at 7:00 p.m. at the Elks Hall.

<u>Elks Santa Claus Day</u> - Come and enjoy fun and games at the annual Santa Claus Day, Saturday, December 3 from 2:00 p.m. to 4:00 p.m. at the Elks Community Hall bowling alley.



<u>Canwood Community Christmas Concert</u> - "Who is This Jesus?" at the Canwood Public School gym on Sunday, December 18 at 4:00 p.m.. Potluck lunch of sandwiches and squares to follow. Sponsored by Canwood Churches.





Fruit and Veggie Christmas Tree: Try creating a Christmas tree with vegetables like broccoli, cucumbers and cherry tomatoes, or with fruits such as grapes, strawberries, kiwi, star fruit and bananas. Children will have lots of fun eating the fruit and vegetables right off the tree! http://www.breakfastforlearning.ca/wp-content/uploads/2013/06/Grape-Christmas-Tree.pdf



# December 2016



		Community Churches Christmas Concert 4:00 p.m.	18			11	8		Kaley Christianson, School Social Worker, will be at Canwood School on December 6, 8, 13, & 20	Sun
26	Day 3 PreK		19	Day 4 K		12	Day 5 PreK	S.		Mon
	Day 4 K	Santa Shop	20	Day 5 PreK		13	Day 6 K	6 Grade K-6 "EIf" @ EA Rawlinson Center		Tue
28	Day 5 No PreK	Turkey Dinner \$3.50	21	Day 6 K	Elementary Christmas Concert 6:00 p.m.	14 Lasagna \$3.50	Day 1 Pre K	7 Bison Stew \$3.50		Wed
		No Classes	22	Day 1 Pre K		15	Day 2 K	∞	l Day 3 PreK	Thu
30		No Classes	23	Day 2 K	Christmas Banquet & Dance	16 Grade 6-12	Day 3 No PreK	9 Tomato Orzo Soup \$2.00 & Grilled Cheese Sandwich \$2.00 PreK Family Evening	2 Mushroom Soup \$2.00 & Ham & Cheese Kaiser \$2.00	Fri
32			24		Adopt-A-Family Donations	17  Last Day For		10	3	Sat

# **Healthy Holiday Gift Ideas**

Here are some gift ideas that promote a healthy and active lifestyle all year round!

- Buy your kids child-sized aprons and cooking utensils like spatulas, vegetable peelers and whisks and start teaching them to cook. Include a coupon for an hour of cooking time with you.
- Cook and deliver healthy ready-to-eat meals to busy family and friends or to elderly family members who may have trouble making their own healthy meals.



- Compile your family's favourite recipes and give them out as a family cookbook.
- Buy crock-pots, rice cookers or steamers. They can help people prepare food in an easy and healthy way.
- Connect kids with nature. Buy them indoor herb gardens, vegetable seeds or gardening tools. They will enjoy learning where their food comes from and eating the healthy foods they grow.



- Look for active toys such as hula-hoops, skipping ropes, a bowling set, a sled or a pair of skates that will get everyone moving.
- Plan a winter family adventure. Take everyone snowshoeing, tobogganing, cross-country or downhill skiing.
- Wrap up some mitts, toques, long underwear or scarves.
   Everyone needs to be warm and fashionable when getting active outside.
- ✓ Give gift coupons for local sports lessons or fitness classes such as dance, soccer, karate, swimming or yoga
- On a tight budget? Give the gift of your time. Create homemade coupons that can be used to spend time together as a family. Make up a coupon that can be used for a family meal together or for outdoor fun like tobogganing or building a snowman together.

Falk Hast Nuttines d'Solitobre Written by the Public Health Nutritionists of Saskatchewan with support from Saskatchewan Health Regions (2013)