

CANWOOD PUBLIC SCHOOL NEWSLETTER

OCTOBER 2017

ADMINISTRATOR'S MESSAGE

It has been a truly fantastic start to the 2017-2018 school year here at Canwood Public School. I am blown away with the community involvement and turn out at recent school events. Speaking of those events, we had a fantastic time at the Meet The Staff BBQ, followed by a superb time at the Welcome Back Breakfast, not to be outdone by the Terry Fox Fundraiser run and lunch. I have concluded food is very important to this school and community and I couldn't be happier. I firmly believe some of the most important teaching happens around the dinner table. To see our senior students help our younger students through a buffet line and then share a meal sincerely warms my heart. One final note on food, I am floored by how much fantastic garden produce has been donated to the school. Canwood's generosity is overwhelming.

Following the meet the teacher night we had our first School Community Council meeting of the year where board elections took place. I am pleased to let you know your SCC is: Chair- Erin Robertson, Vice Chair- Elaine Holmes, Secretary- Tani Hamborg, Heather Sten, Kerri Charbonneau and Diana Schutte. We had a great meeting full of good discussion and even more laughs. The next SCC meeting is October 23 at 4 p.m.. As always, any and all parents are welcome to attend.

With the leaves starting to turn, the early morning frost, harvest well under way, and the smell of fall in the air the first snow can't be too far away. With that in mind, I encourage you all to get outside and enjoy the fresh fall air, and spend time with those most important to you. It is a great time to read a book outside. Enjoy all that fall has to offer and in this often hectic time stay safe out there. Please read further into the newsletter to get all the updates on upcoming events and reviews of September's accomplishments.

-Mr. Brian Linn & Mr. Richard Schwehr

PAST EVENTS

Student Leadership Conference 2017-"Beyond All Limits" - Cassidy Anderson, Casey Kvinlaug, Kiara Bahnuick, Kelcie Grimard, Harleigh Hamborg, Preston Wright, Ethan Bodnarchuk, Dylan Grimard, Kayleigh Eberts, Zachary Hounsell and advisors, Mrs. Howat and Mrs. Sansom attended this year's Saskatchewan Student Leadership Conference in Tisdale from September 20-22. Over 700 student delegates and staff advisors from across Saskatchewan came together for three days to develop leadership skills and meet new people. The super hero theme was "Beyond All Limits", and the students and staff from Tisdale Middle & Secondary School welcomed everyone with great enthusiasm. To kick things off, there was a welcome Barbecue, wall climbing, bumper balls and a number of other field activities. Students and advisors then gathered in the auditorium of the recreation complex for the opening ceremonies and to hear keynote positivity speaker, Ian Tyson. Thursday the students attended various breakout sessions, and had the opportunity to listen to the Tornado Hunter Greg Johnson. Thursday evening finished off with a black and white banquet and dance. Friday morning the students watched the anti-bullying documentary "Rising Above" presented by YLCC Media and later were inspired by speaker Alvin Law. Everyone enjoyed their time at SLC and arrived home on Friday with new ideas, cheers, positive stories and a closer bond with the other members of our SLC.

-Mrs. Lisa Howat & Mrs. Kori Sansom

Outdoor Ed 2017 - A group of rookie paddlers travelled to Kingsmere Lake on September 1 with the goal of reaching Grey Owl's cabin. Many ex-students from Canwood have made the same trip for many years. There have always been many stories from these ex-students that began with the phrase "Remember on the canoe trip....." This latest group of students from Canwood Public school will likely have some of the same stories. As there was a fire ban in effect, the nights were early. It wasn't quite the same without the crackle of the campfires, but all went well in spite of the slightly cooler nights. With the early nights, the participants awoke early, no one needed to be drug out of their tent in the morning. As well as paddling Kingsmere Lake, we went on two hikes, one to Grey Owl's cabin and the other to Sandy Beach. While some relaxed at the camp site, the anglers of the group took their canoes out to try their luck on the lake and then learned the skills of filleting and deboning their catch from Faron Anderson who accompanied the group on the canoe trip. The largest obstacle for the group was the large waves, which sidelined us for a few hours a couple of times. During these times the group made the best of it by building rafts and hammocks in the bush. There were some interesting choices of meals that included scramble cakes, fish and Kraft dinner mixture and maple dogs. The last two kilometers of the paddle in big waves was very interesting and character building. One crew fashioned a catamaran out of two canoes, two paddles, a tent fly and some man power, to sail their way to the South End destination. Some even shot the rapids rather than use the portage on the last leg of the journey. By shooting the rapids, I mean dragging the canoes and gear through the rocks in the river. Everyone arrived home on September 5 with many new stories. The students that went on the trip were Dylan Kvinlaug, Saxon Rowland, Karina Johnson, Riley Rude, Preston Wright, Cole Masuskapoe, Kelcie Grimard, Tylen Reimer, Bruce Bedard, Dylan Grimard, Demery Bischler, Adam Moritz, Noah Johnson, Gunner Thall, Briar Cain, Cassidy Anderson and Zach Hounsell.

A big thanks to Faron Anderson for lending his time and expertise to this group. Also thanks to Gerald and Marie Anne Grimard, and Greg Ahenakew for transporting the canoers to and from Kingsmere Lake.

-Mr. Grant Person



Terry Fox Run - Thank you to everyone who donated by pledging our students or attending our Terry Fox Lunch. Thank you to the Commercial Cooking class for preparing the meal, and a big thank you to the students of Canwood Public School for working hard to collect pledges for the Terry Fox Foundation! The following donated towards the meal or door prizes: Canadian Prairie Bison, Canwood Co-op Store, Whispering Pine Place, Affinity Credit Union, Eternal Memories Funeral Home and Crematorium, Canwood Public School SRC, and Woodland Pharmacy. As a result of everyone's generosity we raised \$2834.00 for the Terry Fox Foundation!

The Terry Fox Run
for Cancer Research



UPCOMING EVENTS

Picture Day - Canwood School's picture day is Monday, October 2. Smile for the camera!

Education Week - October 16-20 is Education Week, the theme this year is "Building Our Future by Learning Together".

Taming The Tiger Is Coming To Canwood! - The goal of this program is to provide children (ages 6-13) and their parents with a safe, supportive environment in which to learn how to deal with anger. Participants will learn the fundamentals of anger, how they react physically and emotionally when angry, and strategies to work through their anger in healthy ways. The parenting component provides parents with effective techniques to deal with aggressive behavior. The day will most likely run from 10:00 a.m. until 4:00 p.m. on a Saturday in October. Lunch & snacks will be provided. There is no registration fee. This program is funded by Ministry of Justice - Victim Services. Mrs. Spigott, Canwood's School Social Worker will be organizing this program.

In order for Taming the Tiger to come to Canwood there has to be 15 participants registered along with 1 parent or guardian.



If this program interests you please email kspigott@srsd119.ca OR call Kaley Spigott at Canwood School 306-468-2150.

PARENT INFO & REMINDERS

School Doors Locked - All doors except the main doors by the office will be locked at 9:30 a.m. and will remain locked for the remainder of the day. If you need to enter the school please do so through the main doors by the office.

Student Arrival - Please do not have students arriving at the school any earlier than 8:40 a.m..

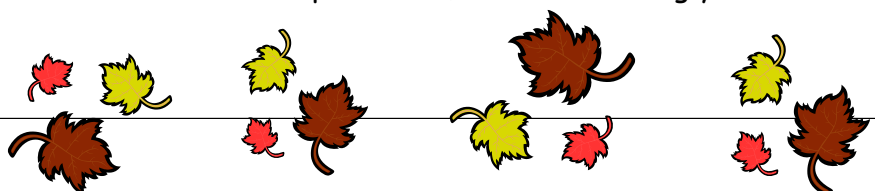
Cell Phones - Please have a conversation with your child/ren about bringing cell phones or handheld gaming devices to school. We would ask that these items not be brought to school so that there is no risk of them being stolen or broken. If students are bringing handheld gaming devices, please remind them that it is their responsibility to look after these items during the day and they are not to be used during school hours. If you have special circumstances that require your K-6 child/ren to have a cell phone at school, we would ask that you call us and explain the situation so that we can communicate our proper use expectations to you and your child/ren.

Parking Lot - When picking up students at the end of the day, please do not leave the parking lot until the busses start leaving the school.

Student Attendance - Please call the school to inform us if your child will be absent or late. Also, if you pick your child up at school, please come in and sign them out at the office before leaving.

Regular attendance is important for your child's academic success. Please try to schedule appointments outside of school hours whenever possible.

If your child is late or absent and we have not received a phone call, we will be calling you to check on your child.



Nutrition Program - Morning snacks **will be** provided on Monday, Tuesday and Thursday. Morning snacks **will not** be provided on noon meal or soup and sandwich days (Wednesday and Friday).

Noon Meals and Soup and Sandwich Lunch Cards - We are pleased to offer the opportunity for students to purchase meal cards and/or soup and sandwich cards. The noon meal card is \$35.00, enough for 10 meals, Kindergarten-Grade 4 is \$25.00. The soup and sandwich card is \$20.00 - this covers soup, sandwich and/or biscuit. Cards can be purchased at the school office.

Milk Program - The Milk Program is back again this year. Coupons will be sold in groups of 10. Small milk will be 85¢ each (10 coupons for \$8.50) and large milk will be \$1.35 each (10 coupons for \$13.50). Cheques can be made payable to Canwood Public School and cheques or cash can be sent to the school and given to the homeroom teacher. Notes will be sent home with the student when they have used up all of their allotted coupons. Milk prize draws will be held throughout the year, sponsored by the Dairy Farmers of Saskatchewan.

LIBRARY NEWS

Wow, what a beautiful fall we've had! The farmers should soon have all their crops into the bins so some serious reading time is soon upon us.

Just a reminder that October is Canadian Library Month so try to visit your local library for some great reading.

The first book fair of this school year will be held in conjunction with parent-teacher interviews Wednesday, November 8. Keep posted for further information and plan to attend.

I would like to send a huge Thank You to The Royal Canadian Legion Canwood Branch #132 who donated the book Hero of Hacksaw Ridge. The students are sure to enjoy it. -Mrs. Tracy Pease

SCHOOL SPORTS

Volleyball - the Canwood Senior Girls volleyball team will be hosting Conference playoffs on Saturday November 4 from 9 a.m. to 7 p.m.. Five schools will be attending from our region of the province, and the top two teams will be advancing to Regional playoffs. Anyone interested in volunteering for the event can contact Kori Sansom at the school. Students, staff, and community members are encouraged to come watch the games and support our Cougars! -Mrs. Kori Sansom & Mrs. Colleen Eberts

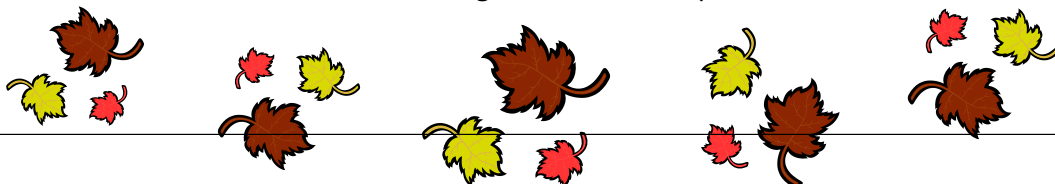
THANK YOU

A great big Thank You to **all** of the people who donated cucumbers, carrots, apples, beets, zucchini, peppers, squash, and more... to the school for our Nutrition and Noon Meal Programs. We do not wish to forget anyone - so again Thank You All! We appreciate it very much!

Thank you to our **Welcome Back** dance supervisors: Elaine Holmes, Sandy Wilson and Laurie-Jo Skarra. We appreciate your time as we host these events for the students in our school.

EXTRAS

In Search Of - The school is looking for ice cream pails with lids, 1-3 gallon pails with lids and large margarine containers with lids, to use for storing leftovers. Any donations of these items would be appreciated.





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We're on the Web!

<https://cw.srsd119.ca/>

Public Health - Population and Public Health is responsible for immunizing students in grade 1, 6 and 8 to ensure their vaccinations are up to date and to follow-up when there is a case of a vaccine preventable disease in a classroom or school. To do this work, Public Health Nurses review the student's immunization record in the provincial immunization registry called Panorama. Panorama is a secure electronic health record system designed to store and record immunization related information. This confidential client information can only be accessed by authorized public health team staff, nurse practitioners and physicians across the province using secure networks. If you have questions about Panorama visit www.ehealthsask.ca/panorama or call **306-469-2505**.

This fall Public Health Nurses will provide immunizations in the school to grade 6 students to protect them against hepatitis B, Meningococcal disease, chicken pox and human papillomavirus (HPV). Please complete the grade 6 immunization consent form when it is sent home and have your child return it to school as soon as possible. Thank you. -Colleen Honig & Jelaine Kennedy

COMMUNITY EVENTS

Volunteers Needed - The Elks Club is seeking workers for our Community Bingo. The profits from this Bingo help maintain our local Community Hall and support local events. Bingos are held every 2nd Tuesday. If you volunteer to be a part of a crew you would work approximately nine bingos per year. We are looking for bingo callers as well as floor workers. If you would be able to help this worthwhile cause, please contact Art Young 306-468-2253 or Dennis Lehmann 306-468-2025.

4-H Registration - Canwood Multiple 4-H Club registration and general meeting will be held on Monday, October 2 at 6:00 p.m. at Canwood Public School. Projects: Beef, Light Horse, Archery. New Projects/Leaders welcome. The 4-H program is more than just fun, it's an investment in your future! For more information call Heather Sten 306-468-4005.


Fall Supper - The annual Fall Supper will be held on Sunday, October 29 from 4:30 p.m. to 6:30 p.m. at the Canwood Elks Hall. Adults \$15.00, 12 and under \$10.00 and preschool free. All proceeds will go to the maintenance and expenses of the Canwood Elks Community Hall. Sponsored by the Canwood Elks and Royal Purple Elks.

Craft Sale - The annual Canwood Royal Purple Elks craft sale will be held on Saturday, November 4 from 10:00 a.m. to 3:00 p.m. at the Canwood Elks Community Hall. To reserve a table call Glenda Wilson 306-468-2164 or Linda Young 306-468-2253.





October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Mrs. Kaley Spigott, Social Worker, will be at Canwood School on October 3, 10, 12, 17, 24, 26 & 31	2  *Picture Day* Day 2 K	3 Day 3 PreK	4 <i>Hot Dog & Wedges \$3.50</i> Day 4 K	5 Day 5 PreK	6 PLC No Classes	7  Day 7 K
8	9 <i>Happy Thanksgiving</i> No Classes Day 2 K	10 Day 3 PreK	11 <i>Pulled Pork Sandwich & Coleslaw \$3.50</i> Day 4 K	12 Day 5 PreK	13 <i>Lemon Chicken Orzo Soup \$2.00 & Pastrami & Swiss Bun \$2.00</i> Day 3 No PreK	14  Day 8 K
15 	16 Day 4 K	17 Day 5 PreK	18 <i>Taco in a Bag \$3.50</i> Day 6 K	19 Day 1 Pre K	20 <i>Broccoli & Cheddar Soup \$2.00 & Bread- sticks \$1.00</i> Day 2 K	21 Day 9 K
22 	23 Day 4 K	24 Day 5 PreK	25 <i>Perogie Casserole \$3.50</i> Day 6 PreK	26 Day 1 Pre K	27 <i>Hamburger Soup \$2.00 & Grilled Cheese \$2.00</i> Day 1 No PreK	28 Day 10 K
29 Flu Shot Clinic 10:00 a.m. to 12:00 p.m. & 1:00 p.m. to 3:00 p.m. Day 2 K	30 Day 3 PreK	31  Day 4 K				

Who
needs a flu
vaccine?



Even healthy people can get the flu.
Protect yourself and your loved ones.
Get vaccinated.



FLU CLINICS

BIG RIVER FLU CLINICS

(Public Health Office-Big River Health Centre)

Monday: October 23, 2017

9:00 am – 12:00 pm & 1:00 pm – 4:00 pm

Friday: November 3, 2017

1:00 pm – 5:00 pm

Tuesday: November 7, 2017

1:00 pm – 5:00 pm

DEBDEN FLU CLINICS

(Doctor's Office -Debden Community Center)

Wednesday: October 25, 2017

9:00 am – 12:00 pm & 1:00 pm – 4:00 pm

Thursday: November 2, 2017

1:00 pm - 4:00 pm

CANWOOD FLU CLINICS

(Canwood Public School)

Monday: October 30, 2017

10:00 am – 12:00 pm & 1:00 – 3:00pm

Wednesday: November 8, 2017

10:00 am – 12:00 pm

FLU VACCINE IS PROVIDED **FREE** OF CHARGE TO EVERYONE
THIS YEAR.

FOR MORE INFORMATION

On other available dates and locations

CALL 306-765-6500 or check our website at www.paphr.ca