

CANWOOD PUBLIC SCHOOL NEWSLETTER

SEPTEMBER 2016

ADMINISTRATOR'S MESSAGE

Welcome to Canwood Public School! The building is looking amazing after a successful summer scrub by our amazing caretakers Jessie Morris and John Kunard.

The teachers have been back for a few days now preparing their lessons and anxiously awaiting the arrival of our students. We have a few new faces on staff. We would like to welcome Raquel Olson and Vanessa Thompson. Raquel will be teaching Grade 5/6, and Vanessa will be in Grade 3/4. We also welcome Debra Ethier, a new caretaker, working Tuesday and Thursday afternoons. We are fortunate to continue having the services of a School Social Worker. Kaley Christianson will be here full days on Tuesdays and every other Thursday and we look forward to her working in our building.

Our whole staff would like to extend a big Canwood welcome to all of our new students especially the Pre-Kindergartens.

As administrators of Canwood Public School we are excited about this upcoming school year and look forward to the many activities that will be happening in our building. We would like to extend an invitation to everyone in our community to come and enjoy these events. We will start off the year with our Meet the Staff BBQ on Thursday, September 15. Our Welcome Breakfast for all students will be on Friday, September 16 with a dance for the grade 6 - 12 students in the evening. Once again our annual Terry Fox Run will be on Wednesday, September 28.

Our volleyball, cross country running, and golf teams are expecting a strong start to the year. Elementary soccer will once again be offered for G rades 1 - 5. Parents watch for notes coming home with your child.

We would like to encourage parents to complete registration forms and return school fees to the office as quickly as possible. Please indicate if your child is on any medication or allergic to anything. A completed registration form allows us to be able to look after all your child's needs. Thank you for being diligent as you complete these forms. If you have any questions or concerns please feel free to contact myself or Richard at the office.

This year Canwood Public School will be focusing on reading and numeracy throughout all grades. We will continue our Math focus on Numeracy. Every year we also focus on improving Literacy. We want all students to acquire skills in reading, writing, listening, speaking, viewing and representing.

We are anticipating a great year full of fun and learning at Canwood Public School.

Have a great 2016-2017 school year.

-Mrs. Sherry Moar & Mr. Richard Schwehr



School Bus

SAFETY GUIDELINES

- 1. Obey the driver promptly
- 2. Avoid any unnecessary conversation with the driver while the bus is in motion.
- 3. Respect the driver and fellow passengers.
- 4. Arrive 5 minutes before the scheduled pick up time and stand away from the roadway while waiting for the school bus.
- 5. Wait until the bus has come to a complete stop before moving to get on.
- 6. Always cross the road at the intersection or designated cross walk.
- 7. Always keep a safe distance around the school bus (about 3 metres).
- 8. Go directly to your seat; allow others to sit with you. Remain seated.
- Sit facing forward, with your belongings on your lap or under the seat.Keep the aisle clear.
- 10. Obtain approval of the driver to open windows or emergency door. Nothing must hang out or be thrown out of the window of the bus.
- 11. Talk quietly. Silence is required when approaching a railway crossing.
- 12. Eating and drinking are not allowed on the bus. Use of tobacco is forbidden.
- 13. Neither pets nor large objects are allowed on the bus.
- 14. Anyone who intentionally damages the bus will be held responsible.
- 15.Dress according to weather conditions. For safety reasons, avoid drawstrings or loose objects on clothing and backpacks.

Pupil transportation is a privilege - follow the rules

Violation may result in disciplinary action and possible loss of transportation.



WELCOME BACK REMINDERS

<u>School Parking Lot-Student Safety</u> - Keeping students safe is a priority and we are asking for your assistance. After school, please do not pull out of the student parking lot until the buses have left. Children may be walking between and/or behind parked cars on the way to their parent's vehicle where they can't easily be seen. If you need to leave before the buses, please park across the street in front of the houses. We need to do everything we can to avoid accidents, therefore, there will be teachers supervis-



ing this area while the buses are loading. If you attempt to pull away before the buses have left you will be asked to wait. Thank you for your cooperation in helping us to provide a safe environment for our students.

**A reminder to all high school students: Please park your vehicles behind the power pole in our schoolyard, as it is hard for our buses to go around each other safely.

School Bus Safety

- *Don't let children arrive at the bus stop too early. They may be tempted to wander or get into mischief. Make sure they come straight home—no detours.
- *Make sure children know what to do if they miss the bus: come back home; or if at school, report to a teacher—and **NEVER** accept a ride from a stranger.
- *If the stop is a long way from home, plan and discuss with your children where they can go in an emergency.
- *If it is dark on the way to and from the bus, make sure the children wear reflective clothing and they are visible
- *Make sure that the children wait well away from the road-way, and stay well back until the bus has come to a full stop and the door is open.
- *Explain to children they must walk at least 3 meters away when crossing in front of the bus so the driver can see them.
- *Parents and motorists—watch for the red flashing signals and stop arm on the school bus. YOU MUST STOP.



Children, please follow these safety tips to make your school bus ride more enjoyable and safe for everyone on the bus:

- *Make sure the driver can always see you when you enter or exit the bus
- *Wait quietly in line—do not push or shove to get onto the bus
- *Don't throw things while on the bus
- *Don't yell or shout while riding the bus. Remain in your seat at all times.
- *Look both ways before you cross the street.

**A reminder to all students: If you are not going to be on your bus in the morning please call your bus driver and let them know the night before. If you are not able to contact the driver, call the place of pickup before yourself and ask them to tell the bus driver.

<u>Cell Phones</u> - Students are not to have their cell phones on during class. Students in grade 7-12 are allowed to have them on in between classes, at recess and during the noon hour. If a cell phone is taken away:

1st time—it will be brought to the office

2nd time—brought to the office and phone call home

3rd time—either it stays at the office for 3 school days or a parent/guardian comes and picks it up. If you need to contact your child on their cell phone, please contact them during the times when they are allowed to have them on. If it is an emergency, you can call the school office at anytime.

Noon Hour - The school policy regarding students leaving the school premises at noon hour:

- *K-6 students are not permitted to leave at all. If there are exceptional circumstances, we must receive a letter or phone call from a parent/guardian.
- *7-9 students will be permitted to leave unless we get a letter from a parent/guardian stating they are not allowed to leave. 10-12 students are permitted to leave but are not allowed to drive unless they have written permission.

<u>Student Attendance</u> - Please call the school to inform us if your child will be absent or late. Also, if you pick your child up at school, please come in and sign them out at the office before leaving.

Regular attendance is important for your child's academic success. Please try to schedule appointments outside of school hours whenever possible.

If your child is late or absent and we have not received a phone call, we will be calling you to check on your child.

PARENT & CAREGIVER INFORMATION

<u>Allergen Awareness</u> - We have been a nut-free school for several years. Our signage has changed to Be Allergen Aware: Reduce the Risks. This encompasses more of the allergens that are common in foods. When in doubt when preparing lunches and snacks for your child, please click on the Anaphylaxis Information under the Safe Schools heading on the Sask Rivers Website, www.srsd119.ca. If you have any questions or require further information, please contact the school. Thank you in advance for careful attention in this area.

<u>Website</u> - The Saskatchewan Rivers website, <u>Parent Information tab</u> provides valuable information on Assessment and Reporting, School Calendars and Safe Schools. Please visit the website at www.srsd119.ca.

On the Canwood Public School website you will find bus updates, contact information, current hand-book, newsletters, staff lists, student links, calendar of events, noon meals and more. Please visit the website at www.cw.srsd119.ca and add it to your favorites or your home screen.

<u>Nutrition Program</u> - This year will bring a change to our daily snack program - snacks will be provided on Monday, Tuesday and Thursday. These snacks will consist of fruit, yogurt, toast or Nutrigrain bars. Morning snacks will not be provided on noon meal or soup and sandwich days (Wednesday and Friday). Since the loss of community school status two years ago, we have less money and less staff to order and make a daily snack and therefore this change is necessary.

<u>Transportation Consent</u> - We ask all parents to please be diligent in completing the transportation consent forms. No child will be transported to any activity without these forms being completed.

<u>Milk Program</u> - The Milk Program will be back the first week in September. Coupons will be sold in groups of 10. Small vico/milk will be 85¢ each (10 coupons for \$8.50) and large vico will be \$1.35 each (10 coupons for \$13.50). Cheques can be made payable to Canwood Public School and cheques or cash



can be sent to the school and given to the homeroom teacher. Notes will be sent home with the student when they have used up all of their allotted coupons. A variety of activities and special draws will be held throughout the year, sponsored by the Dairy Farmers of Saskatchewan.

<u>Meal Cards</u> - Just a reminder that you have the option of purchasing noon meal cards and/or soup and sandwich cards. The noon meal card costs \$35.00, which is 10 meals. The soup and sandwich card costs \$20.00 - it is broken up into \$2.00 and \$1.00 squares to cover the cost of soup, sandwich and/or biscuit. Cards can be purchased at the school office.

UPCOMING EVENTS

<u>Meet the Staff BBQ</u> - Canwood Public School would like to invite the community, parents, families and students to a come and go "Meet the Staff BBQ" on Thursday, September 15 from 5:00 p.m. - 7:00 p.m.. The meal includes a hamburger/or hot dog, potato salad, baked mac & cheese, baked beans, dessert and drink. The price is \$3.00/person and proceeds are going to Telemiracle.

<u>Youth-In-Action Volunteer Program</u> - Whispering Pine Place welcomes students in grades 8 to 12 to join the Youth-In-Action Volunteer Program. Want to make a difference in residents' lives? Visit, play cards and games, read, assist with meals, style hair and paint nails, and listen to great stories from the past. Pick up your application at Canwood Public School, at Whispering Pine Place, or download it from the website www.paphr.sk.ca. Students must be 14 years or older on or before September 1, 2016. The program will begin sometime in October. The Recreation Therapy/Activities Dept. staff will communicate the start dates during an orientation session. All new and returning volunteers must attend the orientation session. Returning volunteers are asked to complete an update form to keep information current, please notify Whispering Pine Place or Mrs. Moar of your intention to return. Applications must be returned to Canwood School by September 30, 2016. Help your community achieve Optimal Health - Become Involved!

Terry Fox Run - Over the years, Canwood Public School has been challenged to help raise money for cancer research through the Terry Fox Run. Organizing a successful event is very rewarding for our school; and the staff, students and community have all been very supportive. By participating in the run, we remember and support those people living with cancer and those who have lost their battle. It helps to build school and community spirit, and it is a positive step toward finding the cure we need. This year, our event will be held on Wednesday, September 28 at 10:30 a.m.. Community participants, students from grades 5 - 12 and staff will walk from the school to the Regional Park and back. Grades 1 - 4 and anyone else wishing to walk a shorter distance will walk to Whispering Pine Place where they will meet up with the residents and then come back to the school. Following the walk, (11:30 a.m. - 1:00 p.m.) there will be a fundraising lunch of beef/or bison stew, bun/or bannock, strawberry shortcake dessert and a drink for \$6.00/person with all proceeds going to the Terry Fox Foundation. Various prizes will be awarded to participants. Parents, grandparents, seniors and all community members are welcome. Pledge sheets will be available at the school. Please watch for posters advertising this event and help us support this worthwhile cause.

STAFF 2016-2017

Mrs. Lisa Howat: Pre-Kindergarten, Kindergarten

Mr. Richard Schwehr: Vice Principal, Grade 1/2 Homeroom (a.m.)

Mrs. Courtney Hansen: Grade 1/2 Homeroom (p.m.) Miss Vanessa Thompson: Grade 3/4 Homeroom

Mrs. Raquel Olson: Grade 5/6 Homeroom

Mr. Greg Duval: Grade 7/8 Homeroom, English Language Arts 9/10, Health/Career Education 7/8/9

Mr. Grant Person: Grade 9/10 Homeroom, History 9/10, History 11/12, PE 7 - 12, PAA 7 - 12

(Industrial Arts), Construction & Carpentry 10, 11 & 12

Miss Kori Boskill: Grade 11 Homeroom, Chemistry 11/12, Science 9/10, Physical Science 10, Math 9/10,

Math 12, Science 7/8, Physics 11/12

Mrs. Colleen Eberts: Grade 12 Homeroom, Math 11, Art 3/4, Art 9, Kindergarten PE, Coaching Project,

Student Support Services

Mrs. Gwen Olson: Music K - 6, PAA 7 - 12 (Home Ec), Commercial Cooking 10 - 12, Science 5/6

Mrs. Sherry Moar: Principal, English Language Arts 11/12, Library 7/8

Mrs. Tracy Pease: Library Clerk

Mrs. Valerie Hinson: School Secretary Mrs. Connie Bailey: Pre-K EA (0.5)

Mrs. Diane Johnson: Special Education EA
Mrs. Doreen Couture: Special Education EA
Miss Kaley Christianson: School Social Worker

Mr. John Kunard: Head Custodian Mrs. Jessie Morris: Custodian Mrs. Debra Ethier: Custodian





LIBRARY NEWS

Welcome back to all students, we have an exciting new year starting with a wonderful school from which to experience it all. I hope everyone had a wonderful summer and that you had time to pick up a book and read! Our library is once again open to all students, it will be open during the noon break from 12:10 to 12:35 for students wishing to have a quiet place to do homework or work on projects. Any students with overdue books from last year will have a notice sent home explaining the charges for these books. Have a wonderful year, and may we all learn something new! -Mrs. Tracy Pease

EXTRAS

<u>Thank you</u> - to the Canwood Vacation Bible School for their donation to the PreK playground. We are so excited to see the work that was completed over the summer months. Seeing the grant and fundraising monies put into such an awesome project is very exciting for our school.

<u>Vegetables Welcome</u> - The school will gratefully accept donations of garden vegetables for our nutrition program. We would welcome carrots, cucumbers, rhubarb, zucchini, tomatoes, berries or any other extra produce you might have. Please drop it off at the school or call the school office to have it picked up. Thank you!

<u>Public Health</u> - Dear Parents/Guardians: Population and Public Health is responsible for immunizing grade 1, 6, and 8 students and also follow -up when there is a case of a vaccine-preventable disease in a class-room or in a school. To do this work, Public Health Nurses review every student's immunization record in the provincial immunization registry called Panorama. Panorama is a secure electronic health record system designed to store and record immunization-related infor-



mation. This confidential client information can only be accessed by authorized public health team staff, nurse practitioners and physicians across the province using secure networks. If you have questions about Panorama visit www.ehealthsask.ca/panorama or call 306-469-2505.

This fall Public Health Nurses will provide immunizations in the school to grade 6 students to protect them against hepatitis B, meningococcal disease, chicken pox and human papillomavirus (HPV for girls only). Please complete the grade 6 immunization consent form and have your child return it to school as soon as possible. Thank you.

-Colleen Honig & Jelaine Kennedy, Public Health Nurses

KIDS PLUS ACCIDENT INSURANCE

Our school board is offering you the opportunity to voluntarily purchase student accident insurance through the Kids $Plus^{TM}$ Accident Insurance program, underwritten by Industrial Alliance Insurance and Financial Services Inc.

Kids Plus™ Accident Insurance provides protection against unexpected costs arising from accidental injuries. The program is especially valuable for families who:

- do not have medical or dental plans,
- have limited plans, as it may help supplement health and dental benefits, or have active children who enjoy sports and outdoor activities.

Kids Plus[™] Accident Insurance has a selection of plans to suit most budgets. Benefits include coverage for:

- The full school year (September to September), 24 hours a day, while at home and in school;
- Expenses that are often limited or not covered by private or group insurance plans, or Provincial Health Insurance Plans, such as ambulance, physiotherapy, private tutoring, counselling, and much more:
- Injury-related dental treatment (including future dental treatment up to age 26);
- Out-of-province or country emergency medical expenses.

If your address changes during the school year, your Kids PlusTM Accident Insurance plan is transferable from school to school, anywhere in Canada.

Insurance premiums for children are \$14.50 or \$33.50 per year, depending on the plan selected. A discount is available for families with 3 or more children. Adults age 20 to 64 can also be insured for \$32.00 per year.

For more information or to apply online, please visit <u>www.kidsplus.ca</u>, or speak with a Kids PlusTM Client Service Administrator at 1-800-556-7411.



CANWOOD PUBLIC SCHOOL NEWSLETTER

850-1st Street East Box 370 Canwood, SK SOJ OKO

Phone: 306-468-2150 Fax: 306-468-2999 E-mail: vhinson@srsd119.ca



SRC 2016-2017

We are looking forward to working with those students who have put their names forward for our new SRC. The new executive is

made up of:

President: Paige Anderson Sr. V. President: Amy Wreford

Secretary: Casey Kvinlaug

Jr. V. President: Harleigh Hamborg Dance Coordinator: Cassidy Anderson Canteen Coordinator: Preston Wright Drama Coordinator: Kelcie Grimard Sports Coordinator: Kiara Bahnuick

Executive Members: Delayne Aiken, Dylan Kvinlaug



BELL TIMES 2016-2017

8:45 Warning Bell

8:46 Announcements & O Canada

8:50-9:45 Period 1

9:45-10:00 Recess

10:00-10:55 Period 2

10:55-11:50 Period 3

1:30-2:25 Period 5

3:15 School Dismissal







COMMUNITY EVENTS

New Canwood Clinic Hours:

Effective October 1, 2016:

Monday 8:30 a.m. to 12:00 p.m. and 12:30 p.m. to 4:30 p.m. 11:50-12:35 Lunch Break Tuesday 8:30 a.m. to 12:00 p.m. and 12:30 p.m. to 4:30 p.m. 12:35-1:30 Period 4 Wednesday Closed

Thursday 8:30 a.m. to 12:00 p.m. and 12:30 p.m. to 4:30 p.m. 2:25-3:15 Period 6 Friday 8:30 a.m. to 12:00 p.m. and 12:30 p.m. to 4:30 p.m.

Physician Hours:

Monday 12:30 p.m. to 4:00 p.m.

Tuesday 10:30 a.m. to 12:00 p.m. and 12:30 p.m. to 4:00 p.m. Friday 10:30 a.m. to 12:00 p.m. and 12:30 p.m. to 4:00 p.m.

Nurse Practitioner hours start at 10:00 a.m.

HAVE A HEALTHY LUNCH

A healthy lunch is important to give your child the nutrients and energy they need to stay active and learn in the classroom. When packing your child's lunch try to include one food from each of the 4 food groups in Eating Well with Canada's Food Guide, and let them help decide!





September 2016



	2.5	THE STATE OF THE S		18			H			4	Social Worker, will be at Canwood School on Tuesdays and every other Thursday	Miss Kaley Christianson, School	Sun
Day 5 PreK	26	Day 6 K		19	Day 1 No PreK		12		Labour Day No Classes	5			Mon
Day 6 K	27	Day 1 Pre K		20	Day 2 K		13	Day 3 No PreK		6			Tue
Day 1 Pre K	28 Terry Fox Run & Lunch	Day 2 K	◆ Student Lea	21 Tater Tot Green Bean Casserole \$3.50	Day 3 PreK	Spaghetti Bake \$3.50	14	Day 4 K	Magazine Campaign Kickoff	7			Wed
Day 2 K	29	Day 3 PreK	Student Leadership Conference in N	22	Day 4 K	Meet The Staff BBQ 5-7 p.m. School Community Council Meeting 7 p.m.	15	Day 5 No PreK		8	First Day of Classes Day 1 No PreK	1	Thu
PreK Day 3 Family Day	30 Chicken Noodle Soup \$2.00 & Biscuit \$1.00	Day 4 K	Maple Creek ──→	23 Mushroom Soup \$2.00 & Ham/Salami Sandwich \$2.00	Day 5 PreK	Biscuit \$1.00 Welcome Breakfast & Dance	16 Hamburger Soup	Day 6 K	Soup \$2.00 & Grilled Cheese Sandwich \$2.00	9 Tomato Orzo	Day 2 K	2	Fri
hade				24	1		17			10		3	Sat

Attention CANWOOD PUBLIC SCHOOL Parents and Friends

Our Annual QSP Fundraiser is NEW and IMPROVED.

Help Raise Funds for our SPECIAL SRC EVENTS & ACTIVITIES!

These products make great gifts - delivered anywhere in Canada. Each item you choose serves as a reminder of your thoughtfulness.

Program with EXPANDED Digital selections

Renew **existing** subscriptions or order **New**. Subscriptions. Enter your name & address exactly as it appears on your current mailing label.

- Magazines also make great gifts & can be delivered anywhere in Canada.
- With our newly expanded digital section you can read your magazines on the go.
- Toll Free Customer Service # 1-800-667-2536



OnLine Orders at QSP.ca

- <u>Magazines</u> ordered <u>ONLINE</u> arrive 4-6 weeks sooner.
- Reach out to 12 or more friends & family across Canada using the email feature & your child will receive a "Special Prize" just for spreading the word about our fundraiser.
- GROUP ONLINE CODE NUMBER IS_3734522_

NEW & EASIEST WAY TO SELL!



 Send the picture out as a group text message



Post the picture to your social media pages

My School is Fund Raising to Raise Money for some Really Special Activities and Projects as Listed at the Top of this Page. My Goal is to Sell at Least 7 items. If you

My Goal is to Sell at Least 7 items. If you can Help Us Out Our School Thanks You in Advance!

Ordering on paper forms

- Fill in Form neatly & completely including your child's name on Top & your postal code!
- Keep the pink copy for your records.
- <u>Due to a change in publisher policies</u> we are no longer able to accept any better offer coupons.
- Please make cheques payable to_Canwood Public School

•	Orders	are	
	Due		

School Board Election WEDNESDAY, OCTOBER 26, 2016 SASKATCHEWAN RIVERS PUBLIC SCHOOL DIVISION NO. 119

The school division is divided into ONE (1) CITY SUBDIVISION in which FIVE (5) BOARD MEMBERS are to be elected and FIVE (5) RURAL SUBDIVISIONS in which ONE (1) BOARD MEMBER from each subdivision is to be elected.

Qualifications of Candidates....

A person is eligible to be nominated as a candidate for and hold office as a **BOARD MEMBER** for a school division if the person:

- (a) is an voter of the school division on the day of the election;
- (b) is a Canadian citizen at the time he or she submits his or her nomination paper;and
- (c) has resided:
 - in the school division for at least three consecutive months immediately preceding the date on which he or she submitted the nomination paper; and
 - in Saskatchewan for at least six consecutive months immediately preceding the date on which he or she submitted the nomination paper.

A candidate may choose to run in the IN-CITY SUBDIVISION AREA or ONE of the FIVE OUT-OF-CITY AREAS of the school division, regardless of his or her residency in the division; however, he or she must obtain signatures of voters of only that subdivision area in which he or she intends to run.

Nomination Forms....

A person may be nominated as a candidate for election by filing a nomination paper in the prescribed form, which is to be signed by at least ten voters residing in the area of the subdivision area in which he or she intends to run. Nomination forms may be obtained during regular office hours (8:00 a.m. – 4:00 p.m.) starting August 30, 2016 at the Education Centre, Saskatchewan Rivers Public School Division No. 119, 545 – 11th Street East, Prince Albert, SK. S6V 1B1 or at www.srsd119.ca

Filing Nomination Papers....

Nominations will be received by election officials during regular office hours (8:00 a.m. – 4:00 p.m.) from September 6 until September 20 and on Nomination Day, Wednesday, the 21 day of September, 2016 from 9:00 a.m. until 4:00 p.m. at the following locations:



For more than 100 years, Girl Guides of Canada-Guides du Canada has been the leading organization dedicated solely to girls, offering fun and relevant programming to more than 7 million girls across Canada.

Today's Guiding is a safe, inclusive, all-girl environment that invites girls to challenge themselves, find their voice, meet new friends and make a difference in the world. Girl Guides has over 70,000 girls and young women Members, with leadership provided by more than 18,000 dedicated volunteers.

When your daughter joins Girl Guides she is embarking on an incredible journey. Each year, from approximately September to May, she will have the opportunity to be part of weekly activities and fun outings with friends in her own age group.

At Girl Guides we make a positive difference in the life of every girl and woman who experiences Guiding. We help girls:

- Make new friends
- · Make a difference in the world
- . Learn new & fun things
- · Develop their own identity
- · Discover their skills and talents
- · Gain confidence and experience



Evergreen District Girl Guides has units for all ages in:

- Sparks (5-6 yr olds)
- Brownies (7-8 yr olds)
- Guides (9-11 yr olds)
- Pathfinders (12-14 yr olds)
- Rangers (14-17 yr olds)
- Adult members are always welcome as we need help to expand to reach more girls.
- Prince Albert
- Birch Hills
- Christopher Lake
- Shellbrook NEW
- Big River Pending Volunteers
- We would like to open a French unit pending volunteers.

To register visit www.girlguides.ca Email questions to Evergreengirlguides@sasktel.net

