

# CANWOOD PUBLIC School newsletter

# MARCH 2020

# **ADMINISTRATOR'S MESSAGE**

I am blown away spring is only weeks away, and with the rollercoaster of weather we have experienced in the last couple months I am hopeful the official kick off to spring will also include spring like weather. As we enter the final four months of the school year I wish everyone a happy and joyful spring season. The upcoming season brings a host of opportunities to read and talk with our kids. My personal favorite reading this time of year is all the seed catalogs as we plan our garden for the summer. My kids love to talk about the garden and all the good things they are looking forward to eating and the memories of past years. There are no shortage of connections to be made between food, family, and nature. From planting the garden to picking berries, from getting the 4-H animals ready for the show season to planning the menu for the first camping trip, this season is full of great stories, conversations and reading.

There is an important change of date, parent teacher interviews will take place April 23, not April 8 as was indicated on our year-long calendar. Interview times will be sent out in April as normal, but please mark your calendar.

There are many exciting upcoming events on the horizon including badminton, drama, canoe trip planning and grad planning. These are all wonderful ways for students to be involved with the school. Read deeper into the newsletter for more details. With the unpredictable weather forecast for March please take care to ensure your children are dressed appropriately for the weather and playground conditions.

March 21 is the international day for the elimination of racial discrimination otherwise known as Spring Free from Racism Day. This day highlights the continuing and ongoing harm of racial discrimination. However, it takes a year round day-to-day effort to make a meaningful impact. I firmly believe in the power of kindness. I encourage all our school community to reflect on what we are each grateful for, and challenge us to show kindness at every opportunity. It is the day-to-day small acts of kindness, which add up to a lasting change for the better. -Mr. Brian Linn



**ONGOING EVENTS** 

<u>Elementary</u> <u>Skating</u> – Elementary skating for Grades 4-6 on Monday afternoons from 1 to 2 p.m. will be continuing through the month of March, for as long as the ice lasts. We welcome all parents, caregivers, grandparents and community members to come and help tie skates and watch the children skate.

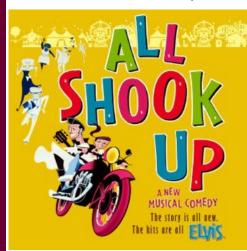
# **UPCOMING EVENTS**

<u>Mom's Pantry</u> - The Canwood Public School SLC will be organizing another Mom's Pantry Fundraiser. Community support of fundraisers like this one allows the SLC to be able to continue to fund events, pay for student's meals at the Christmas Banquet, donate to charities and support travel costs associated with SLC provincial and national conferences. Order forms will be sent home with students in March. Thank you to everyone for supporting our Mom's Pantry Fundraiser. *-Mrs. Vanessa Balicki* 



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**Dessert** Theatre - This year's drama production will take place on Wednesday, April 29. The drama



students will be performing the musical "All Shook Up" by Joe Di Pietro (adapted by Marc Tumminelli). This play is inspired by and features songs of Elvis Presley and follows a small Midwestern town that is thrown into a frenzy with the arrival of Chad, a goodlooking, motorbike-riding roustabout with a song in his heart.

This Dessert Theatre will include a selection of desserts sure to delight. The cost is \$12.00/person with proceeds going towards the costs associated with the drama production. The play will begin at 7:00 p.m. with the desserts served after the performance. Tickets will go on sale April 1 and will be available at the school office. -Mrs. Raquel Olson

### **EXTRAS**

<u>Thank</u> <u>You</u> - to our School Community Council for paying for half of the "Magic Show" performed by Roger Boucher, that the Kindergarten to Grade 6 students enjoyed in January.

Thanks!

<u>Bus</u> <u>Notifications</u> - Remind notifications for SRPSD buses are available. Follow these simple steps to receive important information about your school bus, sent right to your phone! We ask that along with your specific school(s) you also subscribe to "All SRPSD buses". Important division wide information may be sent only to "All SRPSD buses" in some circumstances. For instance, in the case of buses being cancelled because of weather thresh holds, notice will be sent out on the "All SRPSD buses" channel.

For Canwood buses:

1. Download the Remind app from the App Store or Google Play

2. Sign up for an account and enter the code cwbus to join Canwood buses

Or, sign up for text updates:

Text (902) 701-9279 with the words "join cwbus" to get updates from Canwood School bus info via text message

For all SRPSD buses:

1. Download the Remind app from the App Store or Google Play

2. Sign up for an account and enter the code srsdbus to join all SRPSD buses

Or, sign up for text updates:

Text (902) 701-9279 with the words "join srsdbus" to get updates from SRPSD bus info via text message



CANWOOD PUBLIC SCHOOL NEWSLETTER

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We're on the Web!

https://cw.srsd119.ca

<u>Warm</u> <u>Coats</u> - Canwood Public School is looking for warm coats, ski pants and mitts for Grades 4-8 students. If anyone has any-thing to donate it would be greatly appreciated.

- CHECK THIS OUT!

<u>School Clothing</u> - Canwood Cougars clothing is available for purchasing once again! We will have an on-line store up and running from March 2 to March 16 only, orders can not be accepted after that date. Your payment is made online with a credit card. The link for the online store is https://canwood.itemorder.com/ Once the store is closed all orders will be shipped together to the school. We do have samples of all the items at the school, to try on for sizing. If you have any questions please call the Canwood School office at 306-468-2150. -Mr. Greg Duval

# **Cooking with Kids**



Looking for a great activity you can do at home with your kids? Try cooking! Cooking with kids doesn't have to take a lot of time and work. Whether you have toddlers or teens, your kids will love getting creative in the kitchen. Read on to learn why cooking with your kids is important and get great tips and recipes to make cooking a family hit.

### Reasons to get cooking with your kids

Cooking is educational and fun! If your kids get cooking now, chances are they will continue this good habit as they grow older. Here are more good reasons to get your kids in the kitchen.

### SHARING FAMILY COOKING TRADITIONS

Keep your cultural roots alive by teaching your kids some old family favourites. While in the kitchen, talk about who taught you to cook and your favourite traditional recipes. You may even want to collect recipes from family members as a gift for your children.

### LEARNING TOGETHER IN THE KITCHEN

Cooking allows your children to learn in so many ways. Your children will learn about:

- Health: What makes a healthy meal or snack?
- Language: How do you read a recipe or write a grocery list?
- Math: How do you measure ingredients and work with fractions?
- Science: What will happen when you boil an egg or make bread?
- Social studies: What food is grown in Canada and around the world?
- Food skills: How do you stir, chop, knead, pour and scoop?
- Social skills: How can we work together, take turns and share utensils?

### SPENDING QUALITY TIME TOGETHER IN THE KITCHEN

Cooking is an easy way to spend extra time with your kids. On a busy weekday, it's a great way to reconnect after a long day apart. On the weekend, it's a relaxing way to have fun together.

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# March 2020



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PreK	30 Skating Gr 4-6	PreK	Shalling Gi 4-0	Stating Cr 1 6	23	Online Clothing Store	Last Day To Order From	No Classes		PreK	Skating Gr 4-6	0	PreK	Skating Gr 4-6	Store Open	Online Clothing	2	Mon	
K	31	K			24	K	happy St. Patrick's Dav	L.	17	K		10	K				3	Tue	
		PreK	Potatoes \$3.50 K-4 \$2.50	Pork Stew & Mashed	25	PreK	\$3.50 K-4 \$2.50	Ma	81	PreK	Korean Chicken, Couscous & Peas \$3.50 K-4 \$2.50	11	PreK	11-1 02.00	Meatballs \$3.50	Spachetti &	4	Wed	
		K	Gr 6-9 Doubles Tournament	Transition Coaching Mrs. Bibby	26	K		ţ	19	K		12	K				5	Thu	
		K	Gr 6-9 Singles & Mixed Tourn	Pulled Pork Sandwich \$2.00	27	PreK Family Day	Grilled Cheese \$2.00	Tomato Soup \$2.00 &	20		No Classes School Closed	13	No PreK	Quesadilla \$1.00	Soup \$2.00 & Cheese	0	9	Fri	
Control Base		in and in	whiliter	Canwood Classic Open Tournament	28				21			14					7	Sat	

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